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SERENI-TEA: SEVEN SIPS TO BLISS



Transformation Media Books. Paperback. Book Condition: New. Paperback. 256 pages. Dimensions: 8.8in. x 6.0in. x 0.7in.Certified tea specialist and world tea traveler, Dharlene Marie Fahl, guides you on an inner journey of self-discovery in seven simple sips of tea. Quiet your mind, open your heart and experience bliss, Fahl says. Bliss is what excites your soul and delights your heart. Bliss presents itself in quiet moments, in the ritual of seven sips. Anywhere anytime, your cup of Sereni-Tea awaits you....

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- Authored by Dharlene Marie Fahl
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