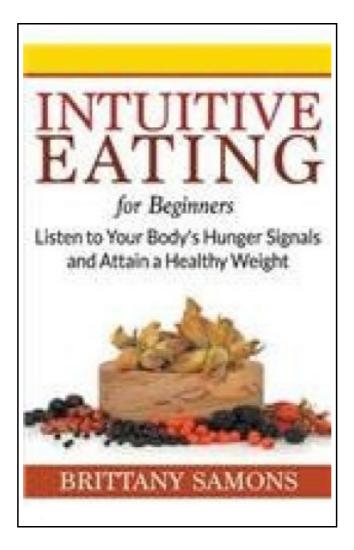
### Intuitive Eating for Beginners: Listen to Your Body s Hunger Signals and Attain a Healthy Weight (Paperback)



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